



+91- 83010 46843

mercypangadan@gmail.com

Flat No:302, Journalist Colony,  
NCC Nagar, Peroorkkada  
P O, Thiruvananthapuram

## SKILLS

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- Comprehensive understanding of clinics, counseling and decision making skills
- Excellent verbal and written communication skills
- Excellent negotiation skills
- Good attention to detail and accuracy

## REFERENCE

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Sr Neetha  
Principal  
Infant Jesus Central School,  
Kuravankonam, Trivandrum  
Ph:8547258350

# MERCY M SKARIA

## ABOUT ME

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Intend to build a challenging career with committed and dedicated people, which will help me to explore myself fully and realize my potential and as to contribute to the organizations effectiveness in order to take the institution to the top position where ever I work.

## WORK EXPERIENCE

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### 2020- Present

Assistant professor & Student Counselor  
Department of Psychology  
Christ nagar college, Maranalloor, Trivandrum

### 2017-2019

School Counselor  
Infant Jesus Central School, Kuravankonam, Trivandrum

### 2015 May- 2015 October

School Counselor  
Mar Baselious Ocean Star Public School

### 2013-2015

Student Counselor for a project conducted by  
Karakulam Grama Panchayath, Trivandrum

### 2012

Student Counselor  
Govt.HSS Meppady, Wayanad

## PERSONAL DETAILS

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**Name:** Mercy M Skaria

**Status:** Married

**DOB:** 27-06-1987

**Nationality:** Indian

**Husband's Name:** Prince Pappachen

**Father's Name:** M J Scaria

**Mother's Name:** Annies Scaria

## LANGUAGES

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English

Malayalam

## STRENGTHS

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- Ability to perform under pressure
- Hard working and honesty
- Fast learn from previously mistakes
- Encourage others to work with honestly

## EDUCATION

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### BACHELOR OF EDUCATION- 2013

St Thomas College of Teacher Education, Thodupuzha  
MG University

Percentage: 91.25%

### MA PSYCHOLOGY- 2011

Sree Sankaracharya  
University of Sanskrit, Kalady

Percentage: 73.2%

### BA PSYCHOLOGY- 2009

KE College Mannanam  
MG University, Kottayam

Percentage: 54%

## OTHER ACTIVITIES

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Coordinated an international Conference on the topic " Positive Parenting " in association with Assumption university Thaliand in Christ Nagar College Maranalloor, Trivandrum. Also published a book "Positive Parenting" associated with the Conference.

Published a Journal article on the Topic " Parental bonding and stress tolerance among adolescents" in Indian Journal Of Psychological Science.

Participated in an international conference on Psychotherapy and Counseling conducted by the second international conference hosted by Mind Weavers, Government Medical College Campus, Kozhikode, Kerala on 20th - 24th October 2020.

Participated in a two weeks, Online Refresher Course in Psychology from 12th - 26th April 2021, Organized by Teaching Learning center, Ramanujan College University of Delhi under the aegis of the Ministry of Education

Selected as one of the organizers of film festival "Frames of Mind 06" at Department of Psychology. K. E College, Mannanam, Kottayam 2006.

Have actively participated in NSS camps and programmes.

## DECLARATION

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I hereby declare that the statement made above is true and correct to the best of my knowledge and belief.